

PE & Sports 2015/16

PE Curriculum

P.E is a vital part of our School Curriculum as regular exercise boosts self-confidence, mental concentration and encourages children to lead a healthy lifestyle. P.E. provides opportunities to compete in sport and other activities which build character and help to embed our school values such as respect, aspiration and determination.

Through Physical Education at Grand Avenue Primary and Nursery School, pupils will gain an understanding of health and fitness, and develop a lifestyle embracing physical, mental, emotional and social well-being. Our curriculum allows pupils to develop attitudes, skills and knowledge of human movement that will promote a lifestyle of participation in physical activity.

All pupils will be given the opportunity to develop efficient movement and sport skills, acquire knowledge and strategies of sports and games and learn about positive nutritional and exercise habits. Pupils are given the opportunity to develop self control, self discipline and the ability to make positive choices for behaviour, while developing self esteem, self awareness and respect for others.

At Grand Avenue, all children partake in a minimum of 2 hours of Physical Education each week. These indoor and outdoor sessions focus on seven areas of study: games, invasion games, striking and fielding, net and wall games, outdoor and adventure, swimming, gymnastics and dance.

Classes may have additional lessons or enjoy further activities as part of our rich curriculum. These include activities such as Sports Week; Sports Day, which is held at the local athletic and football grounds; links with topics such as The Greeks; National and International events such as The Olympics, Football/Rugby World Cup, and Sports Relief. Throughout the year the children also benefit from sessions with qualified coaches from outside agencies delivering activities such as cricket, scooter training and Bikeability. The children thoroughly enjoy these additional opportunities. The school regularly enters local sports competitions and festivals which include cross country, football, netball, country dancing and athletics.

Swimming

Pupils benefit from having regular access to the onsite swimming pool and pupils in each class partake in at least ten swimming lessons each year. These lessons are taught by a qualified swimming instructor.

The GRAND outdoors

At Grand Avenue, we utilise every opportunity for our pupils to be active. Our extensive outside environment provides many opportunities to engage in physical activities. There are three playgrounds for the children to enjoy, one of which is dedicated to ball games.

Also available:

- 2 trim trails, a balancing beam slide and mounds
- A giant sandpit and tunnels
- 3 table tennis tables
- Outdoor gym equipment
- Orienteering plaques
- Wildlife areas

There are further opportunities in the reception and nursery outside learning area which include: a climbing mound and climbing frame with slide.

Competitions

Within the P.E. areas of study, opportunities are provided for the children to experience a wide range of sports. We recognise the need for inter sports competitions between other schools such as: football, athletics and rugby. Intra sports competitions and tournaments within school are planned throughout the year and at the end of each P.E. unit.

All children are allocated a team house and siblings are kept in the same house. Our houses are named after local parks: **Norbury**(Yellow); **Richmond** (Red); **Kew** (Blue); **Claremont** (Green); **Painshill** (Purple) and **Wisley** (White).

Since 2015, Grand Avenue are now one of the top 3 schools for participation in borough competitions.

Leadership

At Grand Avenue, we encourage leadership within PE and sport. The P.E. Coordinator, Mr Sanders, is helped by the Year 6 Sports Champions, who work hard to promote sport and physical activity throughout our school. Participation in a range of sporting events is encouraged and the school aims to increase engagement and participation for all our pupils.

Our Sports Champions this year are: Reggie, Miles, Sophie, Alex, Abigail and Georgia

“As Sports Champions, we work hard to encourage everyone to take part in sport at school. We are really proud of the progress so far from organising new clubs to sorting the P.E. Shed. We all try to take part in as many events as possible too.” – Sports Champions

Each school team has their own Team Captain:

Norbury – Benjamin, Corinne and Kanni

Richmond – Maya, Eleanna and Harrison

Kew – Dylhan, Millie and Shruti

Claremont – Oskar, Kasthury and Jess

Painshill – Jaimeeka, Scarlett and Varun

Wisley – Lucas, Maja and Shannene

“As Team Captains, we encourage everyone to work well as a team. We motivate everyone to achieve their goals and earn as many team points as possible. We are looking forward to doing even more of this during Sports Day this year!” – Team Captains

Within PE lessons, children are encouraged to lead in a variety of ways including demonstrations, organising groups, recording scores in a small sided games and measuring distances of a throw in athletics.

Year 5 children take part in an accredited scheme of work called ‘The Young Leader Award’. This helps our children to develop leadership skills such as organisation, communication and teamwork, as well as helping to develop confidence and self-esteem.

In response to pupil feedback, the Sports Champions run a gymnastics club to promote physical activity at lunchtime. This club has been a great success and enabled children to confidently use the apparatus and resources we have available during the club and in PE sessions.

The TA and SMSA team have participated in the Fit for Sport accredited Level 2 play leader course which has enabled staff to lead games and competitions at break and lunch times.

Clubs

We have an extensive range of extra-curricular activities and clubs which are available to pupils throughout the school. There are a wide variety of sporting activities on offer which include activities such as yoga, football, skipping, multisports and cricket. These are very much in demand and are well attended.

Children participating in active after school clubs has risen to 64% for Years 1-6 for the academic year 2013 – 2014 compared with 48% in the academic year 2012/13.

Sport competition participation in Years 1 – 6 has risen to 50% of the children for the academic year 2013/14 compared with 31% in the academic year 2012/13. Overall 64% of our children took part in one or more of these clubs, increasing from last year's total of 48%, the year group with the highest number of children participating was Year 3 with 86%.

The PE and Sports Premium

The PE and sport premium - provided by The Education Funding Agency - is designed to help primary schools improve provision of physical education and sport activities they offer their pupils. At Grand Avenue, we have given careful consideration to how this money should be spent to ensure we are improving the quality of the PE and sport that we already offer to the children.

Our main priority is to develop the delivery of our P.E curriculum and ensure that a progression of skills is evident across the school. We are working closely with 'Fit For Sport, one of the UK's experts in engaging and educating children through activity, who have provided an Active PE Support Programme to develop the teaching and learning of P.E. at Grand Avenue. The programme has helped considerably by supporting planning, ensuring pupil progress through rigorous assessment and providing high quality resource materials.

The aim is to further increase teacher confidence and expertise to ensure that the funding has a lasting impact on up-skilling our teachers and inspiring children to lead healthy and active lives.

Below is a list of how the PE and Sport premium has been spent so far:

PE Funding 2015-16

Purchased	Aim	Cost	Impact
Active PE Membership	Meet the requirements for the Fit For Sport Active PE programme.	£500	<ul style="list-style-type: none"> - Access to membership benefits including resources, events and support.
Kingsmeadow rental.	Annual Sports Day as a celebration to Sports Week.	£300	<ul style="list-style-type: none"> - PE celebrated by all at GA and importance of physical activity valued. - Children compete in a range of competitions. - The athletics resources available at Kingsmeadow are utilised. - Children enjoy taking part in a sporting event.
KSSP donation	To contribute to the running of borough events. <i>E.g. admin, medals, venue hire, coaches, resources, CPD, termly PE Co-ord meetings, support for staff and opportunities for gifted and talented (borough football)</i>	£676	<ul style="list-style-type: none"> - Increased participation levels in competitive sport. - Maintain Gold Sainsbury's School Games Mark. - Remain 3rd in the borough for participation. - Events are well resourced and run smoothly.
Resources (including gym mats)	<p>Ensure that resources are available to support the PE curriculum.</p> <p>Gymnastics is a focus from our staff and pupil voice.</p>	£1000	<ul style="list-style-type: none"> - Successful delivery of the new PE curriculum - enhanced by resources. - Children and staff have a range of resources available to teach P.E. -Resources updated. -Improve staff confidence in teaching gymnastics.

Team Kits.	Grand Avenue confidently compete in a range of sports events with appropriate kits.	£1000	<ul style="list-style-type: none"> - Children have a broader exposure to a range of sports. - Teams wear appropriate kits for the sport in which they are competing. - Increased participation levels in competitive sport - Teams represent Grand Avenue well. - School values such as 'Neat' and 'Aspiring' are promoted.
Contribution to new team tokens and display container.	Introduce a new system for team points where children are awarded tokens. These tokens are then collected by the Team Captains and displayed in individual containers. The team points are then visual and children are motivated to achieve more.	£547.95	<ul style="list-style-type: none"> -Pupils are motivated to achieve team points with the added element of competition. - Children enjoy competition. - Values such as self-belief, respect, teamwork, honesty, determination and passion are promoted. These are all values that we encourage in sport.
Outdoor Learning resources.	Further develop the provision of outdoor learning opportunities in school.	£1000	<ul style="list-style-type: none"> -Grand Avenue understands and values the benefits of high quality PE and sport, including its use as tool for whole school improvement. - PE opportunities are utilised throughout the curriculum and school day.
Staff cover for competitions and staff training.	Children at Grand Avenue compete in a range of competitions.	£tbc	<ul style="list-style-type: none"> -Grand Avenue remain in the top 3 schools for participation in the borough.

	PE teaching improved due to well-trained, confident staff.		- Gold Sainsbury's School Games Mark maintained. - High quality teaching and learning of PE. - Standards are raised.
Total Spent/Allocated	£4573.95		
Remainder to be spent 2014-15	£5725.38		

Spent last year: £13550 (+KSSP donation)
Received 2015-16:

£4256.00 - Payment from Last academic year
£6043.33 - Payment for this academic year
Total = £10,299.33

Staff have utilised the various CPD opportunities provided. This has helped to increase the quality of teacher training in PE and sport, and has promoted PE specialisation in school.

The quality of existing PE teaching has improved through continuing professional development in PE and pupils have improved their skills and physical literacy. They have also been exposed to a broader exposure to a range of sports.

The outdoor learning environment has improved and is beginning to be used as a valuable learning tool.



We aim to maintain our GOLD Games Mark and will be ensuring we all:

- Make links with local sports clubs.
- Plan and lead some sports activities in the playground.
- Take part in more competitions with A, B and C teams.
- Utilise the sports opportunities on offer and sign up for more of our sports clubs.

Partnerships in Sport

At Grand Avenue we have close links with these sports providers and we continue to enjoy this partnership:

- Kingston School Sports Partnership
- Greenfield estate agents sponsor our school football team and have enabled us to have personalised kits.
- Fulham Football Club
- Ball Up basketball club

- Chessington Community College
- Youth Sport Trust
- Fit For Sport
- The Lottery fund
- Sport England
- Surrey Outdoor Learning Development
- LondonSport
- Sainsbury's
- The Chelsea FC Foundation